



Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY

Office of the Schools Division Superintendent

DIVISION MEMORANDUM No. 82 s. 2020

OFFICE OF THE SCHOOLS DIVISION SUPERINTENDENT
CAGAYAN DE ORO CITY
RELEASE
DATE: FEB 03 2020
BY: [Signature]

TO : Assistant Schools Division Superintendent
Chief SGOD/ Chief CID
Education Supervisors/ Public School District Supervisors
Education Program Specialist/ Admin. Officers V
Section Heads/ All Division Staff Personnel
Elementary and Secondary School Heads
Elementary and Secondary Teachers
Non-Teaching Personnel

FROM : **CHERRY MAE L. LIMBACO**
Schools Division Superintendent

SUBJECT : **AWARENESS ON HEALTH PROBLEMS DUE TO CORONAVIRUS
AND RE-EMERGENCE OF POLIO IN THE PHILIPPINES**

DATE : January 31, 2020

1. Attached is OUA MEMO 08- 0120- 0598 re Department of Education's Response on Health Problems Due to Coronavirus and Re-emergence of Polio in the Philippines.
2. All Public Schools and DepED personnel of this Division are urged to take heed and mindful of the directives stipulated in the said Memorandum.
3. In view of this, some of the salient provisions are hereby emphasized to protect ourselves from corona virus, to wit:
 - a. make handwashing with soap and water a habit
 - b. always cover one's mouth and nose when coughing and sneezing
 - c. avoid close contact with people with respiratory illness
 - d. drink plenty of water
 - e. ensure food are cooked properly
 - f. consult a health facility if cough, colds, and fever persist
4. Attached are additional health notes from the DOH and City Health Office that we may use for the information dissemination in our schools, offices, and homes.
5. For immediate dissemination and strict compliance of all DepED Division Personnel.



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Republika ng Pilipinas

Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

OUA MEMO *DE* 0120 - 0598

MEMORANDUM

24 January 2020

**For: Regional Directors
Minister for Basic, Higher and Technical Education, BARMM
Schools Division Superintendents
Principals / School Heads
All Others Concerned**

**Subject: DEPARTMENT OF EDUCATION'S RESPONSE ON
HEALTH PROBLEMS DUE TO CORONAVIRUS AND
RE-EMERGENCE OF POLIO IN THE PHILIPPINES**

In view of public health concerns brought about by the spread of novel coronavirus in China, parts of Asia, and the rest of the world, this Memorandum is issued to alert all school personnel and learners to take precautionary measures against the possible spread of the virus.

Coronavirus comes from a family of viruses that can cause various diseases characterized by cough and colds, fever, difficulty in breathing and shortness of breath that can lead to serious infections, pneumonia, acute respiratory syndrome, kidney problems and even death.

Accordingly, all are strictly advised to make handwashing a habit, to always cover one's mouth and nose when coughing and sneezing, to avoid close contact with people who show signs of respiratory illness, to drink plenty of water and ensure food are cooked properly, and to consult a health facility if symptoms of cough and colds persist.

Moreover, with the re-emergence of polio in the country—as confirmed by the Department of Health (DOH)—all government agencies, including the Department of Education, are urgently called upon to respond and address the polio outbreak.

DepEd reiterates the support needed by DOH to attain the outbreak response goal of immunizing children under 5 years old and to leave no child behind.

Office of the Undersecretary for Administration (OUA)



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Towards this end, DepEd is expected to implement the following:

- Raise awareness about the outbreak, areas covered by mass immunization campaign and schedules.
- Promote correct information about polio and its lifelong and irreversible impact on children;
- Support health workers and volunteers in vaccinating ALL children especially those hard-to-reach;
- Create posts echoing the campaign's key messages.

In the interest of everyone's health and safety, all school officials are strictly enjoined to support measures, awareness, and initiatives against coronavirus and polio in the Philippines.

For dissemination and implementation:


ALAIN DEL B. PASCUA
Undersecretary

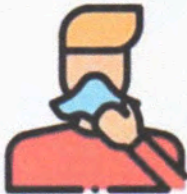


PROTEKTAHAN ANG SARILI LABAN SA CORONAVIRUS



MALINIS NA KAMAY

Laging linisin ang kamay gamit ang sabon at tubig o hand sanitizer na may alcohol



“RESPONSABLENG” PAGBAHING

Kung ubo o babahing, takpan ang bibig at ilong gamit ang loob ng siko o tisyu – itapon agad ang tisyu at maghugas ng kamay



PAGDISTANSYA SA MAY LAGNAT/UBO

Iwasan ang malapit na pakikipagsalamuha sa taong may lagnat at ubo



AGARANG PAGPAPAKONSULTA

Kung ikaw ay may lagnat, ubo, o hirap sa paghinga, magpakonsulta nang maaga at ibahagi ang travel history



LIGTAS NA PAGKAIN

Iwasan ang pagkain ng hindi luto na mga produktong hayop. Ingatan ang paghawak ng mga karne, gatas o laman loob batay sa maayos na food safety practices upang maiwasan ang kontaminasyon.

Text from WHO Philippines: <https://www.facebook.com/whophilippines/posts/2659315427515046>

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CORONAVIRUS HEALTH TIPS

Ang coronaviruses kay pamilya sa mga virus nga gahatag og lain-laing klase sa sakit nga ga sugod sa ordinaryong ubo og sip-on lamang hantud sa magka grabi nga impeksyon.



Respiratory symptom



Hilnat



Ubo og sip-on



lisod sa pag ginhawa

Sa mga mas grabi nga kaso, pwede kuni nga mahimong rason sa Pneumonia, Acute Respiratory Syndrome, problema sa bato, o pagkamatay.

GIPAHIMANGNO-AN ANG PUBLIKO NGA:



• Regular nga maghugas og kamot



• likayan ang mga tawo nga adunay ubo og sipon



• likayan ang pag hawid sa mga mananap



• Inom og 8 ka baso o 2 litro nga tubig matag adlaw, ayohon pag luto ang pagkaon



• sampongan ang baba og ilong kung mag ubo og mag hatsing gamit ang braso o tisyu



• magpa konsulta daun sa pinaka-dool nga hospital o health center sa inyong lugar kung adunay simtomas sa ubo og sip-on (hilabi na kung nag byahe sa Wuhan, China)



RESDRU CHD-NM HOTLINE
globe - 0917-714-3834

dohrox

Karagdagang bakuna ang **IPV**
para siguradong
Ligtas sa
POLIO
si baby



Binibigay ang Inactivated Polio Vaccine (IPV) kapag 3½ na buwan na si baby.



Kasabay ng IPV ang pagkumpleto ng pangatlong dose ng Oral Polio Vaccine (OPV).



Siguruhing protektado si baby laban sa Polio.
Pabakunahan siya sa pinakamalapit na Health Center.



**Pag Kumpleto, Protektado*



Kalusugang Tuloy-Tuloy para sa Pamilyang Pinoy